

# Reflect before you React to Conflict

What are the behavioral styles involved? What assumptions do we have about each other?	
Me	The other person
How do we each see the situation?	
Me	The other person
How specifically does this conflict affect each of us?	
Me	The other person
What feelings are involved?	
Me	The other person
What interests or needs are at stake for each of us?	
Me	The other person
What do we each want?	
Me	The other person
If I chose to work this out, what would be the best time & place to approach the other person?	
Time	Place
Should we contact a neutral third party certified mediator?	<input type="checkbox"/> Yes <input type="checkbox"/> No